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A scoping review of costing methodologies used to assess interventions for underserved pregnant people and new parents

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Abstract

Background Lack of evidence about the long-term economic benefits of interventions targeting underserved perinatal populations can hamper decision making regarding funding. To optimize the quality of future research, we examined what methods and costs have been used to assess the value of interventions targeting pregnant people and/or new parents who have poor access to healthcare.

Methods We conducted a scoping review using methods described by Arksey and O'Malley. We conducted systematic searches in eight databases and web-searches for grey literature. Two researchers independently screened results to determine eligibility for inclusion. We included economic evaluations and cost analyses of interventions targeting pregnant people and/or new parents from underserved populations in twenty high income countries. We extracted and tabulated data from included publications regarding the study setting, population, intervention, study methods, types of costs included, and data sources for costs.

Results Final searches were completed in May 2024. We identified 103 eligible publications describing a range of interventions, most commonly home visiting programs (n=19), smoking cessation interventions (n=19), prenatal care (n=11), perinatal mental health interventions (n=11), and substance use treatment (n=10), serving 36 distinct underserved populations. A quarter of the publications (n=25) reported cost analyses only, while 77 were economic evaluations. Most publications (n=82) considered health care costs, 45 considered other societal costs, and 14 considered only program costs. Only a third (n=36) of the 103 included studies considered long-term costs that occurred more than one year after the birth (for interventions occurring only in pregnancy) or after the end of the intervention.

Conclusions A broad range of interventions targeting pregnant people and/or new parents from underserved populations have the potential to reduce health inequities in their offspring. Economic evaluations of such interventions are often at risk of underestimating the long-term benefits of these interventions because they do not consider downstream societal costs. Our consolidated list of downstream and long-term costs from existing research can inform future economic analyses of interventions targeting poorly served pregnant people and new parents. Comprehensively quantifying the downstream and long-term benefits of such interventions is needed to inform decision making that will improve health equity.

Keywords Perinatal population, Economic evaluation, Healthcare access, Scoping review, Underserved populations, Health equity, Economic analyses, Costs and cost analysis

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Background

Despite improvements in perinatal outcomes in high income countries, socio-economic disparities in outcomes persist. Inequity in perinatal outcomes arises as a result of structural factors that cause social inequality, which in turn impacts the social and health outcomes associated with pregnancy and early parenting through a variety of pathways [1]. Various terminology has been used to describe groups or populations at increased risk of poor perinatal outcomes as a consequence of social inequality, with common terms including 'vulnerable, 'disadvantaged,' or 'marginalized' populations. These terms have been critiqued because they are potentially stigmatizing and conceptualize the locus of inequities as arising from individual flaws or deficits [2]. We therefore avoid these terms and instead intentionally conceptualize our focus to be people who are negatively impacted by health and social system factors that limit their access to optimal care to support good perinatal outcomes. In this research we describe the people of interest as those who are poorly served by healthcare systems.

Interventions aimed at addressing disparities in perinatal outcomes are important to redress health inequities and because they potentially have long-term benefits for both the pregnant person and their offspring [3]. The perinatal period offers an opportunity to identify and mitigate the risks to long-term maternal health [4] Additionally, the growing body of evidence on the developmental origins of health and disease has shown that health in pregnancy has a long-term impact on physical health of the offspring [5]. Likewise, research on child development has established that healthy attachment in early childhood has long term impact on emotional well-being and mental health [6]. However, the measurement of long-term outcomes in prospective studies of interventions is often costly, and for that reason may not occur. This can create challenges for funders who need to make decisions about whether it is worthwhile to invest in interventions, as lack of evidence can hamper the calculation of long-term economic benefits associated with the improvements in health and social outcomes.

One type of intervention that has shown promise with respect to improving the pregnancy and early parenting outcomes of populations who are poorly served by healthcare is midwifery-led care [7, 8]. There is a growing body of evidence to support the potential benefits of midwifery-led care for poorly served populations [9–11]. However, we identified a gap in the research with respect to economic evaluation of these kinds of interventions. In order to inform a larger research project aimed at developing a framework to assess the cost implications of midwifery care models that target underserved populations, we conducted a scoping review of the peer-reviewed and

grey literature to synthesize previous approaches used to examine the short- and long-term cost implications of interventions targeting underserved pregnant people and new parents. Our research question was what types of costs and costing methodology have been used to assess interventions targeting pregnant people and/or new parents who have poor access to healthcare?

Methods

We conducted a scoping review in accordance with the methodology described by Arksey and O'Malley (2005) [12], including the following five stages: (1) identifying the research question; (2) identifying relevant studies; (3) study selection; (4) charting the data; (5) collating, summarizing, and reporting the results. We selected a scoping review as the best approach to systematically identify all previous economic and cost analyses, including both peer-reviewed and grey literature, that examine the cost implications of interventions targeting underserved pregnant people and/or new parents. The methodology allowed us to compare the range of analytical approaches used to evaluate costs to inform the development future cost analysis frameworks.

Identifying relevant studies

We developed a comprehensive search strategy for peer-reviewed and grey literature in consultation with a research librarian at the McMaster Health Sciences Library. The librarian provided guidance on the selection of keywords, refinement of the search strategy, and identification of relevant databases to search. Search terms related to 'underserved populations,' 'economic evaluations, and 'pregnant people and new parents' were used to structure the search. Our search was not limited by year or language of publication. We drew on concurrent research we were conducting to scope the research literature regarding populations who have poor access to sexual and reproductive health care to define 'underserved populations' taking a broad approach. The full search strategy is included in Appendix A, which provides details regarding what populations were considered 'underserved.'

We searched the following peer-reviewed academic literature databases: Ovid MEDLINE, Ovid Emcare, EMBASE (Ovid), Ovid Healthstar, Cochrane Library, Cumulative Index to Nursing and Allied Health Literature (CINAHL) EBSCO, EconLit EBSCO, and Business Source Premier EBSCO. To identify relevant grey literature, AJ hand-searched the websites of relevant organizations (e.g., Nurse Family Partnership, The Canada Prenatal Nutrition Program (CPNP), and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)). In addition, we reviewed the reference

lists of key publications and relevant review articles to identify further sources. We imported the citation information for the retrieved publications into the citation management software, EndNote, and removed duplicate records prior to screening the results.

Study selection

We screened the retrieved publications for inclusion or exclusion using the systematic review software, Covidence, to manage the screening process. We first screened records by title and abstract against the inclusion and exclusion criteria. Second, we retrieved publications that passed the first stage of screening to screen the full text. Two reviewers (AJ, and RG or BJ or BA) independently screened the articles at both stages. We flagged any conflicts between researchers at either stage in Covidence and resolved difference through discussion. A third reviewer (ED) was consulted when consensus could not be reached.

Inclusion and exclusion criteria

To be included in this review, the publication needed to have: (1) described an intervention targeting pregnant people and/or new parents; (2) targeted an underserved population; (3) included a cost analysis of the intervention; and (4) been set in one of the top 20 Gross Domestic Product (GDP) per capita Organisation for Economic Cooperation and Development (OECD) countries in USD in 2020 [2, 13]. The purpose of the fourth criterion was to ensure that the research was conducted in countries with a similar context, i.e., a high-income economy and high Human Development Index (HDI). Included countries were Ireland, Luxembourg, Norway, United States, Switzerland, Denmark, Belgium, Sweden, Austria, Germany, France, Netherlands, Iceland, Finland, United Kingdom, Canada, Turkey, Australia, Italy, and Spain. A study was excluded if: (1) the goal of the described intervention was the prevention or termination of pregnancy; or (2) it was a review-level publication. We retained relevant reviews and hand-searched the reference lists for original studies meeting our criteria.

Charting the data

We charted relevant data from the publications identified for inclusion in a Microsoft Excel spreadsheet. Initially, two reviewers (AJ, RG) conducted data extraction independently, compared their results, and resolved disagreements by consensus. Both reviewers extracted data from approximately 10% of the included articles, until a high level of agreement was achieved. Then one reviewer (AJ) extracted the remaining data independently. Extracted data included publication details (i.e., authors, title, journal), study design, setting (location, duration), population

characteristics, description of the intervention, type of economic evaluation conducted, types of costs included in the economic analysis, and sources of cost data.

Collating, summarizing, and reporting the results

Once data extraction and charting were completed, the team reviewed the findings to determine the most useful way to collate the results and synthesize key findings. We created tables summarizing the interventions, the analytical approaches used to calculate costs (e.g. cost -benefit, cost-minimization, cost effectiveness, cost utility, cost-consequences, or costing analyses) and consolidated a list of costs considered in the analyses (i.e., program costs, health care costs, societal costs) as well as whether immediate, short or long-term costs were determined. We used descriptive statistics, such as frequencies and percentages, to summarize the data and calculated these using Microsoft Excel.

Results

Final searches were completed on May 28, 2024. Figure 1 summarizes the results of our searches. We identified a total of 4866 publications from the peer-reviewed databases, all of which were in English. After removing duplicates, we identified 2507 publications for screening. We included 65 publications identified through database searches, 28 publications identified through reference chaining, and 11 publications identified through targeted web-searches. The final number of articles included in the review from these three sources was 104.

A descriptive summary of the included articles is presented in Table 1. Sixty-four (n=64) of the publications focused on interventions in the United States [14–77], 29 in the United Kingdom [78-106], six in Australia [107-112], three in Canada [113–115], and one in each Sweden [116] and Germany [116]. The interventions described in these publications targeted pregnant people (n = 50), new parents (n=16), or both (n=37). Thirty-six (n=36)underserved populations were targeted by the interventions, including people with low income, who were targeted in 35 interventions; people who smoke, who were targeted in 20 interventions; Medicaid recipients, who were targeted in 15 interventions; and people who use substances, who were targeted in 11 interventions. The publications described a range of interventions, most commonly home visiting programs (n = 19), smoking cessation interventions (n=19), prenatal care (n=11), perinatal mental health interventions (n = 11), and substance use treatment (n = 10). Of the 50 interventions that began in or continued into the postpartum period, the most common duration of interventions was between six months to two years postpartum (n=30). Thirty-seven (n=37) interventions were delivered in part or in full in

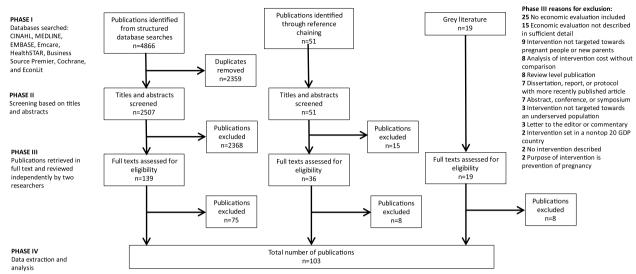


Fig. 1 PRISMA diagram

the client's home, 21 in the hospital, 21 digitally, and 16 in primary care clinics. Nurses (n=33), midwives or nursemidwives (n=21), social workers (n=11), and family physicians (n=9) were the professionals most commonly involved in delivering the interventions.

Table 2 lists all 33 cost categories that were used in the publications, grouped into program costs, health care costs, and other societal costs. Sixteen (n=16) studies considered only program costs. Most publications considered health care costs (n=82). While 45 studies considered costs that we labelled 'other societal costs', these were frequently immediate costs incurred during the time frame of the intervention (e.g., costs of subsidies and social services). A third (n=35) of the included studies considered long-term costs that occurred more than one year after birth (for interventions occurring only in pregnancy) or after the end of the intervention.

Table 3 summarizes the types of analytical approaches described in the included publications, as well as the sources of cost data, the types of costs considered, and the timeframe for included cost outcomes. The most common analytic approaches to determine the costs were through cost-effectiveness analyses (n=43), followed by costing analyses (n=28) and cost benefit analyses (n=19). Cost utility (n=8), cost consequence (n=4)and cost-minimization (n=1) analyses were less commonly used. The majority of analyses drew cost data from administrative health data sources (n=77) and directly measured program costs (n=58). Costs were also commonly sourced from the literature (n = 51). Hospital costs (n=70) and salaries and wages (n=62) were the most common categories of costs considered. Thirty (n=30) analyses included costs occurring only within the duration of the intervention (immediate); 37 also included costs that occurred up to one year after birth or after the end of the intervention (short-term); and 36 also included costs that occurred longer than one year after birth or after the end of the intervention (long-term).

Discussion

The purpose of this review was to report on the state of the literature with respect to economic evaluations of interventions targeting pregnant people and/or new parents and to summarize the methods and costs used in the included studies. The 104 articles included in this review show that a range of methods, costs, and timeframes have been used to assess the value of interventions targeting pregnant people and new parents. Research on home visiting programs was most likely to consider long-term outcomes, and studies looking at long-term outcomes tended to take a wider view of the downstream costs and savings by considering long-term societal costs (e.g., costs related to child apprehension, abuse or neglect, crime, education, employment, lost productivity, addiction, etc.) in addition to program and health care costs. While we identified some economic evaluations that considered a comprehensive set of long-term societal costs, our assessment of the literature demonstrates that evaluations of interventions targeting underserved pregnant people and/or new parents frequently do not consider costs related to long-term outcomes that are necessary to assess their true value for money.

Decision-makers who fund programs targeting underserved populations need evidence to assess the potential value of investing in such programs, and the evidence gap we identified is a barrier to sustaining

 Table 1
 Study characteristics

| Author, year, country | Study population | Intervention description |
|--|----------------------------------|--|
| Ammerman et al. 2017 [14] United States | Mental healt | New parents • Home visiting program h challenges • Cognitive behavioural therapy Low income • Providers: Therapist; nurse; social worker • n = 93 • Setting: In client's home • Duration: 6 months to 2 years postpartum |
| Aos et al. 2004 [15] United States | · | nant people • Home visiting program New parents • Providers: Nurse Low income • Setting: In client's home • $n = N/A^a$ • Duration: Prenatal period; 6 months to 2 years postpartum |
| Avruch and Cackley. 1995 [16] United States | | nant people • Nutrition-based edicaid users • Providers: N/A • n=N/A ^b • Setting: N/A • Duration: Prenatal period |
| Bacheller et al. 2021 [17] United States | • Preg | nant people • Smoking cessation • Smokers • Providers: Not well defined • $n = N/A^b$ • Setting: Not well defined • Duration: Prenatal period |
| Barlow et al. 2017 [78] United Kingdom | · | nant people • Area-based pre and postnatal support intervention New parents • Providers: Not well defined Low income • Setting: Not well defined • n=N/A ^c • Duration: Prenatal period; 2 years postpartum or greater |
| Barlow et al. 2019 [79] United Kingdom | | New parents • Substance abuse treatment Low income • Providers: Community health worker; social estance users worker • n = 100 • Setting: Community-based setting ^d • Duration: 6 months to 2 years postpartum |
| Barnes et al. 2017 [80] United Kingdom | • • Yo | pnant people • Group pre and postnatal support program (gFNP) New parents • Providers: Midwife or nurse-midwife; nurse roung parents • Setting: Community-based setting; Community qualifications Health Centre • n = 166 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Bell et al. 2018 [81] United Kingdom | • Preg | nant people • Smoking cessation • Smokers • Providers: Midwife or nurse midwife • $n = 37,726$ • Setting: Primary care clinic ^e ; community-based setting; digital ^f • Duration: Prenatal period |
| Bell et al. 2019 [82] United Kingdom | · | nant people • Home visiting program New parents • Providers: Nurse adolescents • Setting: In client's home • n = 1618 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Bensussen-Walls and Saewyc. 2001 [18] United States | | nant people • Prenatal care adolescents • Providers: Family physician; midwife or nurse- • n = 106 midwife; nurse; nurse practitioner; dietitian; social worker; health trainer/educator/counsellor • Setting: Hospital; primary care clinic; in client's home |
| Berkowitz et al. 1996 [19] United States | • Sub | • Duration: Prenatal period gnant people • Substance abuse treatment New parents • Providers: Nurse; case manager; substance abuse estance users counselors; foster care coordinators Incarcerated • Setting: Not well defined • n = 296 • Duration: Prenatal period; 6 weeks to 6 months postpartum |
| Bick et al. 2019 [83] United Kingdom | | New parents • Behavioural intervention for weight management • Inner city • Providers: Slimming World consultant • n = N/A ^c • Setting: Community-based setting • Duration: 6 weeks to 6 months postpartum |

Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|---|--|--|
| Boath et al. 2003 [84] United Kingdom | Mental health challe | arents • Psychiatric mother and baby units enges • Providers: Nurse; occupational therapist; psychia- n = 60 trist • Setting: Hospital • Duration: 6 months to 2 years postpartum |
| Boyd et al. 2016 [85] United Kingdom | • Sm | eople • Smoking cessation lokers • Providers: Smoking cessation advisor/counsellor = 612 • Setting: Community-based setting; digital ^f • Duration: Prenatal period |
| Brumfield et al. 1996 [20] United States | Medicaid | arents • Early discharge program users • Providers: Family physician; OB-GYN; pediatrician; = 972 nurse • Setting: Hospital; primary care clinic; in client's home • Duration: 6 weeks postpartum or less |
| Buescher et al. 1993 [22] United States | • Medicaid • WIC | eople • Nutrition-based users • Providers: N/A users • Setting: N/A = N/A ^a • Duration: Prenatal period |
| Buescher and Horton. 2000 [21] United States | • Low ind • Medicaid | eople • Nutrition-based come • Providers: N/A users • Setting: N/A users • Duration: Prenatal period 13,276 |
| Burchard et al. 2022 [23] United States | • Racial mir | eople • Case management nority • Providers: Not well defined • N/A ^b • Setting: Hospital • Duration: Prenatal period |
| Burger. 2010 [24] United States | • Low inc • Unin: | eople • Outreach strategies come • Providers: Outreach worker; liaison worker; case sured manager = 897 • Setting: Hospital; primary care clinic; community- based setting • Duration: Prenatal period |
| Centre for Perinatal Excellence (COPE). 2014 [107] Australia | • New pa • Mental health challe | eople • Perinatal anxiety and depression treatment arents • Providers: Not well defined enges • Setting: Not well defined • N/A ^b • Duration: Unspecified |
| Coleman et al. 2022 [86] United Kingdom | • Sm | eople • Smoking cessation lokers • Providers: N/A = 1002 • Setting: Digital ^f • Duration: Prenatal period |
| Corbacho et al. 2017 [87] United Kingdom | • New pa • Pregnant adolesc | eople • Home visiting program arents • Providers: Nurse cence • Setting: In client's home = 1618 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Cramer et al. 2007 [25] United States | • | eople • Case management Black • Providers: Nurse; outreach worker; social worker; 7,469 case manager • Setting: Community-based setting; digital ^f ; in client's home • Duration: Prenatal period |
| Daley et al. 2000 [26] United States | • Substance | eople • Substance abuse treatment users • Providers: Not well defined = 439 • Setting: Not well defined • Duration: Prenatal period |
| Daley et al. 2001 [27] United States | SubstanceMedicaid | eople • Substance abuse treatment users • Providers: Not well defined users • Setting: Not well defined = 445 • Duration: Prenatal period |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|--|--|--|
| Daley et al. 2005 [28] United States | | Pregnant people • Substance abuse treatment Substance users • Providers: Not well defined • n = 439 • Setting: Not well defined • Duration: Prenatal period |
| Devaney et al. 1992 [29] United States | | Pregnant people • Nutrition-based • Medicaid users • Providers: N/A • n = N/A ^b • Setting: N/A • Duration: Prenatal period |
| Dornelas et al. 2006 [30] United States | | Pregnant people • Smoking cessation • Low income • Providers: Therapist • Smokers • Setting: Hospital; digital ^f • n = 105 • Duration: Prenatal period; 6 weeks to 6 months postpartum |
| Dumont et al. 2010 [31] United States | • Preg • Dis • Involvement with child pr | Pregnant people • Home visiting program • New parents • Outreach strategies nant adolescents • Providers: Community health worker; social advantaged area worker otection services • Setting: In client's home; not well defined maltreating child • Duration: Prenatal period; 2 years postpartum • n = 1173 or greater |
| Dundas et al. 2023 [88] United Kingdom | | Pregnant people • Nutrition based • New parents • Providers: Not well defined • Low income • Setting: N/A nant adolescents • Duration: Prenatal period; 2 years postpartum • Young parents or greater • n = 10,347 |
| Essex et al. 2015 [89] United Kingdom | | Pregnant people • Smoking cessation • Smokers • Providers: Midwife or nurse-midwife; smoking • n = 1050 cessation advisor/counselor • Setting: Hospital; digital ^f ; in client's home • Duration: Prenatal period |
| European Union Agency for Fundamental Rights (FRA). 2015 [116] Sweden; Germany | | Pregnant people • Prenatal care • Uninsured • Providers: Family physician; midwife or nurse- • Migrants midwife; interpreter • n = N/A ^b • Setting: In client's home • Duration: Prenatal period |
| French et al. 2002 United States [32] | | Pregnant people • Substance abuse treatment • New parents • Providers: Not well defined Substance users • Setting: Residential treatment centre • n=85 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Gao et al. 2023 Australia [108] | | Pregnant people • Caseload midwifery • New parents • Area-based pre and postnatal support intervention ginal – Australian • Collaborative care model • n = 1636 • Providers: Midwife or nurse-midwife; family support worker (FSW); social worker • Setting: Hospital; community health centre; in client's home • Duration: Prenatal period; 6 weeks postpartum or less |
| Gareau et al. 2016 [33] United States | | Pregnant people • Prenatal care • Low income • Providers: Not well defined • Medicaid users • Setting: Not well defined • n = 6328 • Duration: Prenatal period |
| Glazner et al. 2004 [34] United States | • | Pregnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • n = 1878 • Duration: Prenatal period; 6 months to 2 years postpartum |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|--|--|--|
| Goler et al. 2012 [35] United States | • Substance users | Substance abuse treatment Providers: Therapist; social worker Setting: Hospital; primary care clinic Duration: Prenatal period |
| Graveley and Littlefield. 1992 [97] United States | • Low income | Prenatal care Providers: Family physician; nurse; nurse's aid; nurse practitioner Setting: Primary care clinic; Community Health Centre Duration: Prenatal period |
| Gregory and De Jesus. 2003 [37] United States | | • Nutrition-based • Providers: N/A • Setting: N/A • Duration: Prenatal period |
| Grote et al. 2017 [38] United States | New parents Mental health challenges Medicaid users | Collaborative care for perinatal depression Providers: OB-GYN; psychiatrist; depression care specialists Setting: Public health clinic; community-based setting; digital ^f ; in client's home Duration: Prenatal period; 6 months to 2 years postpartum |
| Guo et al. 2016 [39] United States | • New parents • Hispanic | Home visiting program Providers: Nurse; health trainer/educator/counselor Setting: In client's home Duration: Prenatal period; 6 months to 2 years postpartum |
| Hannan et al. 2016 [40] United States | • Low income | Advance practice nurse (APN) intervention Providers: Nurse practitioner Setting: Digital ^f Duration: 6 weeks to 6 months postpartum |
| Hickey et al. 2018 [109] Australia | New parents Aboriginal—Australian Torres Strait Islander | Caseload midwifery Providers: Midwife or nurse-midwife Setting: Hospital; primary care clinic; community-based setting; in client's home Duration: Prenatal period; 6 weeks postpartum or less |
| Hoddinott et al. 2012 [90] United Kingdom | Disadvantaged area | Breastfeeding/breastfeeding support Providers: Midwife or nurse-midwife; nurse Setting: Hospital; digital ^f Duration: 6 weeks to 6 months postpartum |
| Hodgins et al. 2022 [110] Australia | • New parents • Migrant • Refugee | Group pre and postnatal support meetings (gFNP) Breastfeeding/breastfeeding support Collaborative care model Providers: Family physician; midwife or nurse-midwife; nurse; social worker; cross-cultural worker Setting: Community health centre; digitalf Duration: Prenatal; 6 months to 6 years postpartum |
| Howard et al. 2022 [91] United Kingdom | Mental health challenges | Psychiatric mother and baby units Providers: Not well defined Setting: Hospital Duration: 6 months to 2 years postpartum |
| Howell et al. 2014 [41] United States | • New parents • Low income | Freestanding birth centre Providers: Midwife or nurse-midwife Setting: Freestanding birth centre Duration: Prenatal period; 6 weeks postpartum or less |
| Hueston et al. 2008 [42] United States | | Prenatal care Providers: Not well defined Setting: Not well defined Duration: Prenatal period |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|---|------------------|---|
| Jan et al. 2004 [111] Australia | | egnant people • Aboriginal midwifery program • New parents • Providers: Family physician; midwife or nurse- al—Australian midwife; Aboriginal health worker • n=834 • Setting: Hospital; in client's home • Duration: Prenatal period; 6 weeks postpartum or less |
| Johnson et al. 2018 [43] United States | • Pro | egnant people • Postpartum depression prevention • Low income • Providers: Nurse • $n = N/A^c$ • Setting: Primary care clinic • Duration: Prenatal period |
| Jones et al. 2019 [92] United Kingdom | • Pro | egnant people • Smoking cessation • Smokers • Providers: N/A • n=407 • Setting: Digital ^f • Duration: Prenatal period |
| Jones et al. 2022 [93] United Kingdom | • Pro | egnant people • Smoking cessation • Smokers • Providers: Not well defined • $n = N/A^b$ • Setting: Digital ^f ; not well defined • Duration: Prenatal period |
| Joyce et al. 1988 [44] United States | • Pro | egnant people • Nutrition-based • New parents • Prenatal care • Black • Maternal and infant care • Low income • Providers: Not well defined • $n = N/A^b$ • Setting: Primary care clinic; Community Health Centre; community-based setting • Duration: Prenatal period; 6 weeks postpartum or less |
| Karoly et al. 1998 [45] United States | • Pro | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • n = 400 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Keshmiri et al. 2019 [113] Canada | | New parents • Breastfeeding/breastfeeding support • HIV + • Providers: N/A • n = N/A^b • Setting: N/A • Duration: 6 months to 2 years postpartum |
| Lee et al. 2008 [46] United States | • Pre | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • n=N/A ^a • Duration: Prenatal period; 6 months to 2 years postpartum |
| Leppert and Namerow. 1985 [47] United States | | egnant people • Prenatal care nt adolescents • Providers: OB-GYN; MFM specialist; psychiatrist; • n=395 midwife or nurse-midwife; nutritionist; outreach worker; social worker • Setting: Hospital; digital ^f ; in client's home • Duration: Prenatal period |
| Longhi et al. 2016 [94] United Kingdom | • Pregna | egnant people • Home visiting program • New parents • Providers: Nurse; social worker; Health Visitor (HV) nt adolescents • Setting: In client's home Young parents • Duration: Prenatal period; 6 months to 2 years • $n = N/A^c$ postpartum |
| Lopez-Soto. 2021 [48] United States | | egnant people • Substance abuse treatment ubstance users • Providers: N/A • $n = N/A$ • Setting: Not well defined • Duration: Prenatal period |
| Lu et al. 2000 [49] United States | | egnant people • Prenatal care ed immigrants • Providers: Not well defined • n=970 • Setting: Not well defined • Duration: Prenatal period |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|---|--|---|
| McCallum et al. 2014 [50] United States | • Smokers • Medicaid users | Smoking cessation Providers: N/A Setting: N/A Duration: Prenatal period |
| McDonald et al. 1992 [51] United States | | Nutrition-based Providers: Not well defined Setting: Not well defined Duration: Prenatal period |
| McIntosh et al. 2009 [95] United Kingdom | New parents Intellectual or developmental disability | • Duration: Prenatal period; 6 months to 2 years postpartum |
| McMeekin et al. 2023 [96] United Kingdom | • Smokers • n = 941 | Smoking cessation Providers: Midwife or nurse-midwife; smoking cessation advisor/counselor Setting: Not well defined Duration: Prenatal period |
| McMurchy et al. 2009 [114] Canada | | Providers: N/A Setting: N/A Duration: Prenatal period |
| Miller. 2015 [52] United States | New parents Low income | Home visiting program Providers: Nurse Setting: In client's home Duration: Prenatal period; 6 months to 2 years postpartum |
| Montgomery and Splett. 1997 [53] United States | Medicaid usersWIC users | Breastfeeding/breastfeeding support Providers: N/A Setting: N/A Duration: 6 weeks to 6 months postpartum |
| Moore et al. 1986 [54] United States | Pregnant peopleLow incomen=200 | |
| Mundt et al. 2021 [55] United States | New parents Smokers Medicaid users n=1014 | Smoking cessation Providers: Nurse; medical assistant; health trainer/educator/counselor Setting: Primary care clinic; public health clinic; Community Health Centre; digital ^f ; in client's home Duration: Prenatal period; 6 weeks to 6 months postpartum |
| Morrell et al. 2009 [97] United Kingdom | Mental health challenges n = 4084 | Psychological postnatal depression intervention Providers: Health Visitor (HV) Setting: In client's home Duration: 6 weeks to 6 months postpartum |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|---|------------------|--|
| Naughton et al. 2017 [98] United Kingdom | • Pre | egnant people • Smoking cessation • Smokers • Providers: N/A • n = 407 • Setting: Digital ^f • Duration: Prenatal period |
| Nehme et al. 2024 [56] United States | | egnant people • Doula support • New parents • Providers: Doula • Low income • Setting: Not well defined Racial minority • Duration: Prenatal period; unspecified • n = N/A ^b |
| Olds et al. 1993 [58] United States | | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home nt adolescents • Duration: Prenatal period; 6 months to 2 years • Unmarried postpartum • $n = 400$ |
| Olds et al. 2010 [60] United States | | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • $n = 594$ • Duration: Prenatal period; 6 months to 2 years postpartum |
| Olds et al. 2011 [57] United States | | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • n = 735 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Olds et al. 2019 [59] United States | | egnant people • Home visiting program • New parents • Providers: Nurse • Low income • Setting: In client's home • $n = 618$ • Duration: Prenatal period; 6 months to 2 years postpartum |
| Parker et al. 2007 [61] United States | | egnant people • Smoking cessation • Smokers • Providers: Smoking cessation advisor/counselor Medicaid users • Setting: Digital ^f • n = 1065 • Duration: Prenatal period |
| Petrou et al. 2006 [99] United Kingdom | | egnant people • Postpartum depression prevention • New parents • Providers: Health Visitor (HV) Ith challenges • Setting: In client's home • n = 151 • Duration: Prenatal period; 6 months to 2 years postpartum |
| Pollack. 2001 [62] United States | • Pre | egnant people • Smoking cessation • Smokers • Providers: Not well defined • $n = N/A^b$ • Setting: Not well defined • Duration: Prenatal period |
| Poston et al. 2017 [100] United Kingdom | • Pre | egnant people • Behavioural intervention for weight management • Inner city • Providers: Health trainer/educator/counselor • n = 1555 • Setting: Hospital; digital ^f • Duration: Prenatal period |
| Pugh et al. 2002 [63] United States | | New parents • Breastfeeding/breastfeeding support Low income • Providers: Nurse; community health worker; lacta- • n = 41 tion consultant • Setting: Hospital; in client's home; digital^f • Duration: 6 weeks to 6 months postpartum |
| Reid and Morris. 1979 [64] United States | | egnant people • Nurse-midwifery • New parents • Providers: Midwife or nurse-midwife • Low income • Setting: Hospital; primary care clinic source issues ⁹ • Duration: Prenatal period; 6 weeks postpartum • n = N/A ^b or less |

 Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|--|---|--|
| Riggs et al. 2021 [112] Australia | New parentRefugee background | e • Group prenatal care s • Providers: Midwife or nurse-midwife; nurse; inter- d preter; bicultural workers • Setting: Community Health Center; in client's home • Duration: Prenatal period; 6 weeks to 6 months postpartum |
| Rodriguez et al. 2020 [65] United States | • Immigran | e • Prenatal care e • Providers: Not well defined t • Setting: Not well defined • • Duration: Prenatal period |
| Rowley et al. 2016 [66] United States | • Medicaid user | e • Group prenatal care s • Providers: Nurse; nurse practitioner; nutritionist; D mental health consultant; childbirth educator • Setting: Primary care clinic • Duration: Prenatal period |
| Ruger et al. 2008 [67] United States | • Low income • Smoker | e · Smoking cessation e · Providers: Nurse s · Setting: In client's home 2 · Duration: Prenatal period |
| Saygin-Avşar et al. 2022 [68] United States | • New parent • Smoker | e · Smoking cessation s · Providers: Midwife or nurse-midwife s · Setting: Digital ^f ; not well defined • Duration: Prenatal period; 6 months to 2 years postpartum |
| Seiner and Lairson. 1985 [69] United States | • Rura • Migran | e • Providers: Family physician; OB-GYN; midwife Il or nurse-midwife; nurse; nurse's aid t • Setting: Primary care clinic n • Duration: Prenatal period |
| Stevenson et al. 2010 [101] United Kingdom | Mental health challenge | s • Group cognitive behavioural therapy (gCBT) s • Providers: Health Visitor (HV) • Setting: Not well defined • Duration: 6 weeks to 6 months postpartum |
| Svikis et al. 1997 [70] United States | Substance user | Substance abuse treatment Providers: Not well defined Setting: Hospital; residential treatment centre Duration: Prenatal period |
| Thanh et al. 2015 [115] Canada | New parent Alcohol use disorde | Home visiting program Case management Harm Reduction Providers: Outreach workers Setting: Community based setting; in client's home Duration: Prenatal period; 2 years postpartum or greater |
| Thorsen and Khalil. 2004 [71] United States | • Smoker | e • Smoking cessation s • Providers: Smoking cessation advisor/counselor 4 • Setting: Public health clinic • Duration: Prenatal period |
| Trevillion et al. 2020 [102] United Kingdom | Mental health challenge | e • Guided self-help (GSH) intervention for depression s • Providers: Psychological wellbeing practitioners 3 • Setting: Community based setting; digital ^f ; in client's home • Duration: Prenatal period |
| Tuttle and Dewey. 1996 [72] United States | • Hmono | s • Breastfeeding/breastfeeding support g • Providers: N/A • Setting: N/A • Duration: 6 months to 2 years postpartum |

Table 1 (continued)

| Author, year, country | Study population | Intervention description |
|---|---|--|
| Ussher et al. 2015 [103] United Kingdom | | e • Smoking cessation s • Providers: Psychologist; midwife or nurse midwife; 5 nurse • Setting: Hospital; in client's home • Duration: Prenatal period |
| Wiggins et al. 2004 [105] United Kingdom | • Low income • Inner cit | s • Postnatal support e • Providers: Community health worker; Health y Visitor (HV) 1 • Setting: Community Health Centre; community- based setting; digital ^f ; in client's home • Duration: 6 weeks to 6 months postpartum |
| Wiggins et al. 2020 [104] United Kingdom | • Disadvantaged area • Inner cit | e • Group prenatal care a • Providers: Midwife or nurse midwife; interpreter y • Setting: Not well defined ^C • Duration: Prenatal period |
| Wilkinson et al. 2017 [74] United States | Mental health challenge | s • Postpartum depression and psychosis screening s and treatment • • Providers: Family physician; OB-GYN; psychiatrist; pediatrician • Setting: Not well defined • Duration: 6 months to 2 years postpartum |
| Wilson et al. 2012 [106] United Kingdom | Risky drinker | e • Risky alcohol use intervention s • Providers: Midwife or nurse-midwife; trained s alcohol counselor • Setting: Primary care clinic • Duration: Prenatal period |
| Windsor et al. 1993 [75] United States | • Smoker | e • Smoking cessation s • Providers: Health trainer/educator/counselor 4 • Setting: Primary care clinic • Duration: Prenatal period |
| Washington State Institute for Public policy (WSIPP). 2023 [73] United States | New parentLow income | e • Home visiting program s • Providers: Nurse e • Setting: In client's home a • Duration: Prenatal period; 6 months to 2 years postpartum |
| Wu et al. 2017 [76] United States | New parentLow income | e • Home visiting program s • Providers: Nurse e • Setting: In client's home b • Duration: Prenatal period; 6 months to 2 years postpartum |
| Xu et al. 2017 [77] United States | Substance user | e • Substance abuse treatment s • Providers: Nurse therapist 2 • Setting: Hospital; primary care clinic • Duration: Prenatal period |

^a Not reported

and spreading interventions that have the potential to improve health equity. The term value for money refers to finding an ideal balance between economy (costs), efficiency (minimizing the ratio of input to output), and effectiveness (achieving the desired outcomes), or the "three Es" [117]. Authors of several of

the studies included in our scoping review acknowledge that because long-term or societal costs were not considered, their calculations represent only a small part of the economic benefit to women, infants, and families and this was often noted as a limitation of the study [41, 42, 54, 75, 87, 89]. Some authors called for further

^b Analysis was modelled using a hypothetical cohort

^c Publication was a study protocol with no results reported

^d Non-clinical

^e E.g., family doctor, midwives

f E.g., phone, text message, online

 $^{{}^{\}rm g}$ Lack of providers

Table 2 Categories of costs considered in included studies

| Program costs | Health care costs | Other societal costs |
|---|---|--|
| Salaries and wages Program resources ^a Participant time Costs incurred by participants Program costs (unspecified) | Hospital costs Non-hospital health care services ^b Other health systems costs ^c Health state-related costs Community health services ^d Health care costs (unspecified) | Community organizations/social support services Food Stamps/SNAP/other food assistance^e WICf Medicaid AFDC/TANF^g Other government-funded supportive services^h Social services (unspecified) Social work Child welfare servicesⁱ Legal services Incarceration Other criminal justice costs^j Other costs of crime^k Domestic violence Child abuse/neglect^l Addiction^m Lost productivityⁿ Employment status/income^o Housing/accommodation Education^p Special education Childcare |

^a E.g., clinic space, administrative costs, transportation

research considering these types of costs when the data or resources were available [25–27]. Many authors speculated that due to the limited time frame or scope of benefits considered, their calculations were likely an underestimation of the true long-term value for money of the intervention [16, 19, 21, 32, 50, 63].

Our findings align with those of other systematic reviews of economic evaluations of similar interventions [118–122]. In their review of economic evaluations of home visiting programs for young or vulnerable pregnant women, Stamuli et al. noted that many studies considered outcomes only within the length of the trial (what we have described as the immediate time frame) [121]. They argue that for interventions targeting vulnerable pregnant people, the benefits are expected to accrue over the lifetime of the child and the parent rather than in the immediate time frame. They recommend that these types

of evaluations consider multiple perspectives, including a societal perspective, and long-term outcomes.

Ruger and Lazar (2012) systematically reviewed economic evaluations of drug abuse treatment and HIV prevention programs in pregnant women [119]. They echoed Stamuli et al.'s recommendation that costs should be reported from a societal perspective [121]. Neither Stamuli et al. [121] nor Ruger and Lazar [119] were able to reach conclusions on whether the interventions represented value for money from the results of the studies, citing a lack of consistency between studies with respect to costs considered, methods used, and perspectives taken. Both articles recommend that for best practice, detailed cost and outcome data should be collected alongside randomized control trials.

Verbeke et al.'s 2022 systematic review of the cost-effectiveness of mental health interventions during pregnancy

^b E.g., outpatient costs, birth centre, home visits

^c E.g., diagnostic tests, medication, labs

d E.g., health visitors

^e SNAP Supplemental Nutrition Assistance Program

^f WIC The Special Supplemental Nutrition Program for Women, Infants, and Children

⁹ AFDC Aid to Families with Dependent Children, TANF Temporary Assistance for Needy Families

h E.g., subsidies

ⁱ E.g., child protective services, foster care, adoption

^j E.g., police investigation, prosecution

^k E.g., victim costs, stolen property

¹ E.g., quality of life costs, medical, and mental health

^m E.g., treatment, actual costs

ⁿ Due to illness, criminal career, mental health, addiction, domestic violence

 $^{^{\}rm o}$ Including income tax generation

^p Including earning potential

 Table 3
 Analytical approaches

| | 5 | | | |
|---|--|--|--|---|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| - | Cost-benefit analyses Aos et al. 2004 [15] | | Health care costs (unspecified) Health state-related costs Program costs (unspecified) Other government-funded supportive services Child welfare services Incarceration Other criminal justice costs Other costs of crime Child abuse/neglect Addiction Lost productivity Employment status/income Education Childcare | ✓ Immediate ^d ✓ Short term ^e ✓ Long term ^f |
| 2 | Buescher et al. 1993 [22] | Directly measured program costs ^b Administrative health data Other administrative data Participants' medical records Expert estimates | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources Medicaid | ✓ Immediate ✓ Short term X Long term |
| m | Daley et al. 2000 [26] | Other administrative data Resource utilisation by participant survey Costs from literature | Program costs (unspecified) Legal services Incarceration Other criminal justice costs Other costs of crime Lost productivity | ✓ Immediate ✓ Short term X Long term |
| 4 | Dumont et al. 2010 [31] | Directly measured program costs Administrative health data Other administrative data Costs from literature | Salaries and wages Hospital costs Program resources Community organizations/support services Food Stamps/SNAP/other food assistance Medicaid Other government-funded support services Social work Child welfare services Employment status/income | ✓ Immediate ✓ Short term ✓ Long term |
| 5 | French et al. 2002 [32] | Administrative health data Resource utilisation by participant survey Costs from literature | Hospital costs Non-hospital health care services Health state-related costs Program costs (unspecified) Other costs of crime Addiction Employment status/income Costs incurred by participants | ✓ Immediate ✓ Short term X Long term |

Table 3 (continued)

| ימסופ כ (כסוונוומכמ) | ĵ | | | |
|----------------------|----------------------------------|---|--|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| V | Goler et al. 2012 [35] | Directly measured program costs Administrative health data | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Addiction | ✓ Immediate ✓ Short term X Long term |
| _ | Grote et al. 2017 [38] | Directly measured program costs Administrative health data Resource utilisation by participant survey Costs from literature | •Salaries and wages •Non-hospital health care services •Other health systems costs •Health state-related costs | V Immediate X Short term X Long term |
| ∞ | Hannan et al. 2016 [40] | Directly measured program costs Administrative health data Resource utilisation by participant survey | •Salaries and wages •Hospital costs •Program resources | ✓ Immediate X Short term X Long term |
| σ ₀ | Hueston et al. 2008 [42] | • Administrative health data • Participants' medical records • Costs from literature | • Salaries and wages • Hospital costs • Non-hospital health care services • Other health systems costs • Health state-related costs | V Immediate V Short term X Long term |
| 0_ | Lee et al. 2008 [46] | • Administrative health data • Other administrative data • Costs from literature | Program costs (unspecified) Child welfare services Incarceration Other criminal justice costs Other costs of crime Child abuse/neglect Addiction Lost productivity Education Special education | ✓ Immediate ✓ Short term ✓ Long term |
| Ξ | Lu et al. 2000 [49] | Administrative health data Participants' medical records Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Gucation Special education Childcare | ✓ Immediate ✓ Short term ✓ Long term |
| 12 | Montgomery and Splett. 1997 [53] | Directly measured program costs Administrative health data Participants' medical records | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources | ✓ Immediate ✓ Short term X Long term |
| 13 | Nehme et al. 2024 [56] | Directly measured program costs Administrative health data Costs from literature | • Salaries and wages • Hospital costs • Health care costs (unspecified) • Program resources | V Immediate X Short term X Long term |

 Table 3 (continued)

| | (| | | |
|----|----------------------------|---|---|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| 4. | Olds et al. 1993 [58] | Directly measured program costs Administrative health data Other administrative data Resource utilisation by participant survey Participants' medical records | • Salaries and wages • Hospital costs • Non-hospital health care services • Other health systems costs • Program resources • Community health services • Community organizations/support services • Food Stamps/SNAP/other food assistance | ✓ Immediate ✓ Short term ✓ Long term |
| | | | WMC AFDC/TANF Medicaid Other government-funded supportive services Child welfare services Employment status/income Childcare | |
| 51 | Olds et al. 2011 [57] | Directly measured program costs Administrative health data Other administrative data Costs from literature | • Salaries and wages • Other health systems costs • Health care costs (unspecified) • Health state-related costs • Program resources • Community health services • Domestic violence • Lost productivity • Employment status/income • Education | ✓ Immediate ✓ Short term ✓ Long term |
| 91 | Rowley et al. 2016 [66] | Directly measured program costs Administrative health data Participants' medical records | Salaries and wages Hospital costs Non-hospital health care services Program resources Medicaid | ✓ Immediate X Short term X Long term |
| 17 | Thanh et al. 2015 [115] | Directly measured program costs Costs from literature | Health state-related costs Program costs (unspecified) Other health systems costs | ✓ Immediate X Short term X Long term |
| 18 | Windsor et al 1993 [75] | • Directly measured program costs • Administrative health data | • Salaries and wages • Hospital costs • Health care costs (unspecified) • Program resources | ✓ Immediate ✓ Short term ✓ Long term |

 Table 3 (continued)

| Authoridate Sources of cost data Types of costs 2023 - Offer industrial was beauth data - Non-hopping health care services 2023 - Offer industrial was beauth data - Non-hopping health care services - Casis from literature - Health care coasts (unspecified) - Floring coasts (unspecified) - Health care coasts (unspecified) - Casis from literature - Health care coasts (unspecified) - Casis from literature - Health care coasts (unspecified) - Casis from literature - Health care coasts (unspecified) - Casis from literature - Health data (unspecified) - Casis from literature - Health care services - Casis from literature - Health data (unspecified) - Pacifier (unspecified) - Health data (unspecified) - | | 5 | | | |
|--|----|-----------------------------|---|---|---|
| 1 Votop (72) 2023 2023 2023 2024 2025 2025 2025 2025 2025 2025 2025 | | Author/date | Sources of cost data | Types of costs | Time horizon |
| Administrative health data Cost from literature Barlow et al. 2017 [80] Directly measured program costs Barlow et al. 2018 [81] - Administrative health data - Costs from literature - Expect estimates - Costs from literature - Administrative health data - Costs from literature - Costs from literature - Community organizations/support services - Community realth services - Community organizations/support services - Community beath services - Community organizations/support services - Community beath services - Community organizations/support services - Community realth services - Community organizations/support services - Community organizations/support services - Community organizations/support services - Community organizations/support services - Community beath services - Community organizations/support services - Cognizations/support services - Cogni | 61 | WSIPP [73] 2023 | Administrative health data Other administrative data Costs from literature | Hospital costs Non-hospital health care services Other health systems costs Health care costs (unspecified) Program costs (unspecified) Program costs (unspecified) Food Stamps/SNAP/other food assistance AFDC/TANF Other government-funded supportive services Child welfare services Incarceration Other criminal justice costs Other criminal justice costs Child abuse/neglect Addiction Lost productivity Employment status/income Education | ✓ Immediate ✓ Short term ✓ Long term |
| Bacheller et al. 2021 [17] - Administrative health data - Other health systems costs - Costs from literature - Other health systems costs - Costs from literature - Other health systems costs - Health state-related costs - Other health data - Other health data - Other health data - Costs incurred by participant survey - Community health services - Community health services - Community dealth services - Administrative health data - Costs incurred by participants survey - Other health systems costs - Community health services - Community organizations/support services - Administrative health data - Costs incurred by participants - Costs i | | Cost-effectiveness analyses | | | |
| Barlow et al. 2019 [79] Directly measured program costs Administrative health data Pasource utilisation by participant survey Persource utilisation by participant survey Program resources Persource utilisation by participant survey Program resource Program | _ | Bacheller et al. 2021 [17] | • Administrative health data • Costs from literature • Expert estimates | Hospital costs Other health systems costs Health state-related costs Program costs (unspecified) Costs incurred by participants | ✓ Immediate ✓ Short tem ✓ Long term |
| Barnes et al. 2017 [80] • Directly measured program costs • Administrative health data • Hospital costs • Hospital costs • Hospital health care services • Hospital health care services • Hospital health care services • Other health systems costs • Other health systems costs • Community health services • Community health services • Community organizations/support services • Costs incurred by participants • Administrative health data • Program resources | 7 | Barlow et al. 2019 [79] | Directly measured program costs Administrative health data Resource utilisation by participant survey | Abapital costs Hospital costs Program resources Community health services Community organizations/support services Social services Legal services Costs incurred by participants | ✓ Immediate X Short term X Long term |
| Bell et al. 2018 [81] • Directly measured program costs • Salaries and wages • Administrative health data • Program resources | m | Barnes et al. 2017 [80] | Directly measured program costs Administrative health data Resource utilisation by participant survey | Abapital costs Hospital costs Non-hospital health care services Other health systems costs Community health services Community organizations/support services Social services (unspecified) Legal services Costs incurred by participants | ✓ Immediate X Short term X Long term |
| | 4 | Bell et al. 2018 [81] | • Directly measured program costs • Administrative health data | •Salaries and wages •Program resources | ✓ Immediate X Short term X Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|--------------------------------------|---|--|--|
| 5 | Bick et al. 2019 [83] | Directly measured program costs Other published data (unspecified) Resource utilisation by participant survey Participants' medical records | Program costs (unspecified) Health care costs (unspecified) Social services (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 9 | Boath et al. 2003 [84] | • Directly measured program costs • Administrative health data | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources Community health services Participant time Costs incurred by participants | ✓ Immediate ✓ Short term X Long term |
| 7 | Brumfield et al. 1996 [20] | Directly measured program costs Direct hospital costs/case costing | Hospital costs Non-hospital health care services Other health systems costs | ✓ Immediate ✓ Short term X Long term |
| ω | Burchard et al. 2022 [23] | · Costs from literature | Hospital costs Non-hospital health care services Other health systems costs | ✓ Immediate ✓ Short term X Long term |
| 6 | Daley et al. 2001 [27] | Administrative health data Other administrative data Participants' medical records | Health care costs (unspecified) Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 10 | Dornelas et al. 2006 [30] | • Other administrative data | · Salaries and wages | ✓ Immediate X Short term X Long term |
| Ξ | Dundas et al. 2023 [88] ⁹ | Directly measured program costs Administrative health data Resource utilisation by participant survey Participants' medical records Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Health care costs (unspecified) Community health services Food Stamps/SNAP/other food assistance Childcare | ✓ Immediate X Short term X Long term |
| 12 | Essex et al. 2015 [89] | Directly measured program costs Administrative health data Resource utilisation by participant survey Participants' medical records | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources | V Immediate X Short term X Long term |
| 2 | Gao et al. 2023 [108] | Directly measured program costs Administrative health data Resource utilization by participant survey Costs from literature Expert estimates | Salaries and wages Hospital costs Non-hospital health care services Program resources Social work Participant time Costs incurred by participants | V Immediate X Short term X Long term |

Table 3 (continued)

| ומסוע א (בסווווומבת) | (nur | | | |
|----------------------|------------------------------------|---|---|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| 14 | Graveley and Littlefield 1992 [36] | • Directly measured program costs | • Salaries and wages | ✓ Immediate X Short term X Long term |
| 15 | Hickey et al. 2018 [109] | • Administrative health data • Resource utilisation by participant survey | Hospital costs Other health systems costs Participant time Costs incurred by participants | / Immediate < Short term X Long term |
| 16 | Hoddinott et al. 2012 [90] | • Directly measured program costs | • Salaries and wages | ✓ Immediate ✓ Short term X Long term |
| 71 | Howard et al. 2022 [91] | Administrative health data Resource utilisation by participant survey Participants' medical records | Hospital costs Non-hospital health care services Other health systems costs Community health services Community organizations/support services Social work Child welfare services | V Immediate V Short term X Long term |
| 18 | Johnson et al. 2018 [43] | • Directly measured program costs | Salaries and wages Program resources | ✓ Immediate ✓ Short term X Long term |
| 19 | Jones et al. 2019 [92] | Directly measured program costs Administrative health data Costs from literature Expert estimates | Hospital costs Non-hospital health care services Other health systems costs Health state-related costs Program resources | ✓ Immediate ✓ Short term ✓ Long term |
| 20 | Jones et al. 2022 [93] | • Costs from literature | Program costs (unspecified) | ✓ Immediate X Short term ✓ Long term |
| 21 | Joyce et al. 1988 [44] | Directly measured program costs Costs from literature | Salaries and wages Program resources Costs incurred by participants | ✓ Immediate X Short term X Long term |
| 22 | Keshmiri et al. 2019 [113] | Administrative health data Costs from literature Expert estimates | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Health state-related costs | ✓ Immediate ✓ Short term ✓ Long term |
| 23 | Longhi et al. 2016 [94] | Directly measured program costs Administrative health data Other administrative data Resource utilisation by participant survey | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Frommunity health services Community organizations/support services Childcare Costs incurred by participants | ✓ Immediate X Short term X Long term |

Table 3 (continued)

| Auth | | | | |
|----------------|--|--|--|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| | McIntosh et al. 2009 [95] | Directly measured program costs Administrative health data Other administrative data Resource utilisation by participant survey Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Program resources Community health services Community organizations/support services Social work Child welfare services - Legal services Other criminal justice costs Housing/accommodation Childcare Costs incurred by participants | ✓ Immediate ✓ Short term ✓ Long term |
| 25 McM 2023 | McMeekin et al 2023 [96j ^h | Directly measured program costs Costs from literature Expert estimates | Salaries and wages Hospital costs Other health systems costs Program resources | / ImmediateX Short termX Long term |
| 26 Morr | Morrell et al. 2009 [97] | Directly measured program costs Administrative health data Resource utilisation by participant survey Participants' medical records Costs from literature Expert estimates | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources Community health services Social services (unspecified) | V Immediate V Short term V Long term |
| 27 Mun | Mundt et al. 2021 [55] | Directly measured program costs Administrative health data | Salaries and wages Other health systems costs Program resources | ✓ Immediate X Short term X Long term |
| | Naughton et al. 2017 [98] | Directly measured program costs | • Program resources | ✓ Immediate X Short term X Long term |
| 29 Parke | Parker et al. 2007 [61] | Directly measured program costs Costs from literature | • Salaries and wages • Program resources | V Immediate V Short term X Long term |
| 30 Petro | Petrou et al. 2006 [99] | Directly measured program costs Administrative health data Resource utilisation by participant survey Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Program resources Community health services Social work | / Immediate/ Short term/ Long term |
| 31 Polla | Pollack et al. 2001 [62] | Administrative health data Costs from literature | • Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 32 Reid | Reid and Morris. 1979 [64] | Administrative health data Participants' medical records | Salaries and wages Hospital costs Other health systems costs | ✓ Immediate X Short term X Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|-------------------------------|---|--|--|
| 33 | Rodriguez et al. 2020 [65] | • Administrative health data • Costs from literature | Hospital costs Non-hospital health care services Other health systems costs Health state-related costs Program costs (unspecified) | ✓ Immediate ✓ Short term ✓ Long term |
| 34 | Ruger et al. 2008 [67] | Directly measured program costs Administrative health data Costs from literature | • Salaries and wages • Hospital costs • Health care costs (unspecified) • Health state-related costs • Program resources | V Immediate V Short term V Long term |
| 35 | Saygin-Avşar et al. 2022 [68] | Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs | Immediate Short tem Long tem |
| 36 | Seiner and Lairson. 1985 [69] | Directly measured program costs Publicly sourced costs^c | • Salaries and wages • Program resources | ✓ Immediate X Short term X Long term |
| 37 | Stevenson et al. 2010 [101] | • Costs from literature • Expert estimates | • Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 38 | Svikis et al. 1997 [70] | Directly measured program costs Administrative health data Participants' medical records Costs from literature | Hospital costs Program costs (unspecified) | ✓ Immediate X Short term X Long term |
| 33 | Trevillion et al. 2020 [102] | Administrative health data Resource utilization by participant survey | Salaries and wages Hospital costs Non-hospital health care services Program resources Community health services Conmunity organizations/support services Child work Child welfare services Program resources Addiction treatment | ✓ Immediate ✓ Short term X Long term |
| 40 | Ussher et al. 2015 [103] | Directly measured program costs Administrative health data Participants' medical records Costs from literature | • Salaries and wages • Hospital costs • Program resources | ✓ Immediate ✓ Short term X Long term |
| 14 | Wiggins et al. 2020 [104] | Directly measured program costs Other published data (unspecified) Resource utilization by participant survey Participants' medical records | • Salaries and wages • Program resources • Other health systems costs • Health care costs (unspecified) | ✓ Immediate ✓ Short term X Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|----------------------------|--|---|--|
| 42 | Wilkinson et al. 2017 [74] | · Administrative health data · Costs from literature | • Salaries and wages • Non-hospital health care services • Other health systems costs | / Immediate / Short term / Long term |
| 43 | Wu et al. 2017 [76] | Administrative health data Costs from literature | Hospital costs Program costs (unspecified) Food Stamps/SNAP/other food assistance APDC/TANF Medicaid Other government-funded supportive services Child welfare services Other criminal justice costs Child abuse/neglect Employment status/income Special education | ✓ Immediate ✓ Short term ✓ Long term |
| | Cost-consequence analyses | | | |
| _ | Barlow et al. 2017 [78] | Directly measured program costs Other published data (unspecified) Resource utilisation by participant survey Costs from literature | • Salaries and wages • Health care costs (unspecified) • Program resources • Program costs (unspecified) • Community organizations/support services • Education • Costs incurred by participants | ✓ Immediate ✓ Short term ✓ Long term |
| 7 | Bell et al. 2019 [81] | Directly measured program costs Administrative health data Other administrative data Resource utilisation by participant survey Participants' medical records Costs from literature Publicly sourced costs | • Salaries and wages • Hospital costs • Non-hospital health care services • Community health services • Community organizations/support • Social services (unspecified) • Housing/accommodation • Education • Special education | ✓ Immediate X Short term X Long term |
| м | Burger. 201 0 [24] | • Other administrative data | • Salaries and wages | ✓ Immediate X Short term X Long term |
| 4 | Riggs et al. 2021 [112] | Directly measured program costs Administrative health data Other published data (unspecified) | • Salaries and wages • Hospital costs • Program resources • Participant time | ✓ Immediate X Short term X Long term |
| | Cost-utility analyses | | | |
| _ | Ammerman et al. 2017 [14] | • Administrative health data • Costs from literature | Hospital costs Non-hospital health care services Other health systems costs Program costs (unspecified) | ✓ Immediate ✓ Short term ✓ Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|--|---|---|--|
| 2 | Boyd et al. 2016 [85] | Directly measured program costs Administrative health data Other administrative data Costs from literature | • Salaries and wages • Hospital costs • Other health systems costs • Health state-related costs • Program resources | ✓ Immediate ✓ Short term ✓ Long term |
| n | Coleman et al. 2022 [86] | Directly measured program costs Administrative health data Costs from literature Expert estimates | Hospital costs Non-hospital health care services Other health systems costs Health state-related costs Program resources | V immediate V Short term V Long term |
| 4 | Corbacho et al. 2017 [87] | • Administrative health data • Resource utilisation by participant survey • Participants' medical records | Salaries and wages Hospital costs Non-hospital health care services Community health services Community organizations/support services Social work | ✓ Immediate X Short term X Long term |
| 72 | Daley et al. 2005 [28] | • Other administrative data | • Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 9 | Hodgins et al. 2022 ^l [110] | Directly measured program costs Other published data (unspecified) Resource utilisation by participant survey Participants' medical records Costs from literature | Salaries and wages Hospital costs Program resources Program costs (unspecified) Social services (unspecified) | ✓ Immediate X Short term X Long term |
| 7 | Poston et al. 2017 [100] | Directly measured program costs Administrative health data Other administrative data | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Health state-related costs | ✓ Immediate ✓ Short term X Long term |
| ω | Wilson et al. 2012 [106] | Directly measured program costs Administrative health data Resource utilisation by participant survey | Asalaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources Community health services Social services (unspecified) Social work | ✓ Immediate ✓ Short term X Long term |
| - | Cost-minimization analyses Xu et al. [77] | Directly measured program costs Administrative health data Other administrative data Participants' medical records Direct hospital costs/case costing Publicly sourced costs | • Salaries and wages • Hospital costs • Other health systems costs • Program resources • Participant time • Costs incurred by participants | ✓ Immediate ✓ Short term X Long term |
| | Cost analyses | | | |

Table 3 (continued)

| | ,, | | | |
|---|---|--|---|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| - | Avruch and Cackley. 1995 [16] | • Administrative health data | Salaries and wages Hospital costs Non-hospital health care services Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 2 | Bensussen-Walls and Saewyc. 2001 [18] | • Administrative health data • Participants' medical records | · Hospital costs | ✓ Immediate ✓ Short term X Long term |
| m | Berkowitz et al. 1996 [19] | • Other administrative data | Program costs (unspecified) Food Stamps/SNAP/other food assistance WIC AFDC/TANF Other government-funded supportive services Incarceration | ✓ Immediate X Short term X Long term |
| 4 | Buescher and Horton. 2000 [21] | Directly measured program costs Administrative health data Participants' medical records | · Hospital costs · Program resources | / Immediate / Short term X Long term |
| Ŋ | Centre for Perinatal Excellence (COPE). 2014 [107] | Costs from literature | Hospital costs Non-hospital health care services Other health systems costs Health state-related costs Lost productivity Education | <pre>/ Immediate / Short term / Long term</pre> |
| 9 | Cramer et al. 2007 [25] | Administrative health data Participants' medical records | · Hospital costs | / Immediate/ Short term/ Long term |
| 7 | Devaney et al. 1992 [29] | • Administrative health data • Participants' medical records | • Health care costs (unspecified) • Program resources | ✓ Immediate ✓ Short term X Long term |
| ∞ | FRA. [116] | Administrative health data Other administrative data Costs from literature Expert estimates | • Salaries and wages • Hospital costs • Other health systems costs | / Immediate / Short term X Long term |
| 6 | Gareau et al. 2016 [33] | Directly measured program costs Administrative health data Participants' medical records | Hospital costs Non-hospital health care services Program costs (unspecified) Medicald | ✓ Immediate ✓ Short term X Long term |

Table 3 (continued)

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|------------------|---------------------------------|--|--|--|
| | Author/date | Sources of cost data | Types of costs | Time horizon |
| 01 | Glazner et al. 2004 [34] | Directly measured program costs Administrative health data Other administrative data Participants' medical records Costs from literature | Salaries and wages Health care costs (unspecified) Program resources Food Stamps/SNAP/other food assistance WIC APDC/TANF Other government-funded supportive services Child welfare services Incarceration Other criminal justice costs Child abuse/neglect Employment status/income Housing/accommodation Special education Special education Childcare | ✓ Immediate ✓ Short term ✓ Long term |
| Ξ | Gregory and De Jesus. 2003 [37] | Administrative health data Participants' medical records | Hospital costs Program resources Medicald | ✓ Immediate X Short term X Long term |
| 12 | Guo et al. 2016 [39] | Directly measured program costs Administrative health data Costs from literature | Hospital costs Non-hospital health care services Health state-related costs Program costs (unspecified) | ✓ Immediate ✓ Short term ✓ Long term |
| 13 | Howell et al. 2014 [41] | • Administrative health data • Costs from literature | Salaries and wages Hospital costs Non-hospital health care services Program resources | ✓ Immediate X Short term X Long term |
| 14 | Jan et al. 2004 [111] | Directly measured program costs Administrative health data Participants' medical records Expert estimates | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs Program resources Community health services Social work | ✓ Immediate X Short term X Long term |
| 15 | Karoly et al. 1998 [45] | Administrative health data Costs from literature | Hospital costs Program costs (unspecified) Food Stamps/SNAP/other food assistance AFDC/TANF Medicaid Other government-funded supportive services Incarceration Other criminal justice costs Other criminal justice costs Other costs of crime Employment status/income Housing/accommodation Education Special education | ✓ Immediate ✓ Short term ✓ Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|--------------------------------|--|--|--|
| 16 | Leppert and Namerow. 1985 [47] | Directly measured program costs Administrative health data Participants' medical records | Salaries and wages Hospital costs Other health systems costs Program resources WIC | ✓ Immediate X Short term X Long term |
| 71 | Lopez-Soto. 2021 [48] | Administrative health data Other administrative data Costs from literature | Hospital costs Non-hospital health care services Other health systems costs Program costs (unspecified) Addiction Lost productivity Special education | ✓ Immediate ✓ Short term X Long term |
| 81 | McCallum et al. 2014 [50] | • Administrative health data • Costs from literature | Hospital costs Other health systems costs Health care costs (unspecified) Program costs (unspecified) | V Immediate V Short term X Long term |
| 9 | McDonald et al. 1992 [51] | Administrative health data Other administrative data Costs from literature | Asalaries and wages Hospital costs Non-hospital health care services Health care costs (unspecified) Health state-related costs Program costs (unspecified) Medicaid Other government-funded supportive services Special education | ✓ Immediate ✓ Short term ✓ Long term |
| 20 | McMurchy. 2009 [114] | • Administrative health data • Costs from literature | Hospital costs Non-hospital health care services Program costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 21 | Miller. 2015 [52] | • Administrative health data • Costs from literature | Program costs (unspecified) Food Stamps/SNAP/other food assistance AFDC/TANF Medicaid Other government-funded supportive services | ✓ Immediate ✓ Short term ✓ Long term |
| 22 | Moore et al. 1986 [54] | Directly measured program costs Administrative health data Participants' medical records | Salaries and wages Hospital costs Non-hospital health care services Other health systems costs | V Immediate X Short term X Long term |
| 23 | Olds et al. 2010 [60] | • Administrative health data | Program costs (unspecified) Food Stamps/SNAP/other food assistance AFDC/TANF Medicaid Other government-funded supportive services | ✓ Immediate ✓ Short term ✓ Long term |

Table 3 (continued)

| | Author/date | Sources of cost data | Types of costs | Time horizon |
|----|-------------------------------|--|--|--|
| 24 | Olds et al. 2019 [59] | • Administrative health data | Program costs (unspecified) Food Stamps/SNAP/other food assistance AFDC/TANF Medicaid | ✓ Immediate ✓ Short term ✓ Long term |
| 25 | Pugh et al. 2002 [63] | Directly measured program costs Administrative health data Other administrative data Publicly sourced costs | Salaries and wages Program resources Participant time Costs incurred by participants | ✓ Immediate X Short term X Long term |
| 26 | Thorsen and Khalil. 2004 [71] | Directly measured program costs Administrative health data Participants' medical records | Salaries and wages Hospital costs Health care costs (unspecified) | ✓ Immediate ✓ Short term X Long term |
| 27 | Tuttle and Dewey, 1996 [72] | Administrative health data Other administrative data | Hospital costs Non-hospital health care services Food Stamps/SNAP/other food assistance WIC AFDC/TANF Other government-funded supportive services | ✓ Immediate ✓ Short term ✓ Long term |
| 88 | Wiggins et al. 2004 [105] | Directly measured program costs Administrative health data Other administrative data Resource utilisation by participant survey Costs from literature Publicly sourced costs | Abapital costs Non-hospital health care services Other health systems costs Community health services Community health services Community organizations/support Social services (unspecified) Costs incurred by participants | ✓ Immediate ✓ Short term X Long term |
| | | | | |

a Non-health related

^b Salaries, actual costs

^c E.g. retail cost

^d Within duration of intervention

^e Up to one year after birth or end of intervention

^f Greater than one year after birth or end of intervention

⁹ Also includes a cost-consequences analysis and cost analysis. Sources of cost data, cost types, and time horizon reported pertain to the cost-effectiveness analysis

halso includes a cost-utility analysis. Sources of cost data, cost types, and time horizon reported pertain to the cost-effectiveness analysis

Also plans to include a cost-consequences analysis. Sources of cost data, cost types, and time horizon reported pertain to the planned cost-consequences analysis

and up to two years postpartum [122], Koegl et al.'s 2023 review of cost-benefit analyses of developmental crime prevention programs [118], and Sampaio et al.'s 2024 systematic review of interventions aimed at improving child health [120] all concluded that these interventions represented value for money. However, these authors all noted significant limitations in the literature including an overall shortage of published evaluations [118, 122], lack of consistency in methods [118, 120, 122], a deficit of data looking at outcomes for both parents and the child together [122], and insufficient analysis of the long-term effectiveness of the included interventions [118, 120, 122]. For future research, they recommend considering a broader range of outcomes for both parents as well as the child over a longer time frame. Like Stamuli et al., Verbeke et al. noted that by not considering the impact over the lifetime of the child, the real-world cost-effectiveness is likely underestimated [122].

Our results will be of value to people interested in a wide range of interventions and may assist those planning and conducting economic evaluations to improve the quality of such research. Readers can use the information provided in Table 3 to identify publications that considered long-term outcomes and societal costs and can refer to the original publications for further details regarding definitions and data sources for such costs to aid in planning their own analyses. Those planning evaluations of interventions targeting underserved pregnant people and/or new parents should collect prospective long-term outcome data pertaining to both parent and child outcomes whenever possible. Long-term health outcomes and long-term health care costs should be considered. Important long-term societal costs to consider, where relevant, include child welfare services, legal services, incarceration, other criminal justice costs, costs of crime, domestic violence, child abuse/neglect, addiction, lost productivity, employment status/income, housing, education, and earning potential. We noted a gap in the existing literature with respect to the consideration of patient priorities in the identification of costs considered. This might be addressed through patient engagement when planning economic evaluations, and through the inclusion of costs that have been identified a patientoriented outcome measures for economic research [123]. Our findings suggest that economic evaluations that consider multiple perspectives, including a societal perspective, and a long-term time horizon will most fully describe the value for money of interventions underserved pregnant people and/or new parents. Inclusion of a patient perspective evaluation may also better address equity considerations [124].

Our scoping review is the first of its kind and has several strengths. Our method allowed us to consider grey

literature and include studies of all methodologies while maintaining a systematic approach. We looked at a wider range of interventions and underserved populations than previous reviews. Another strength of our review is the extensive set of search terms used to identify underserved populations, which minimized the possibility of missing eligible articles. One limitation of our review is that we did not extract detailed information about the economic analysis methods that were used, including the outcomes associated with the full economic evaluations (e.g., quality-adjusted-life-years for cost-utility analyses, net benefit for cost-benefit analyses) and time horizons considered. Another limitation is that we did not conduct the optional stakeholder consultation step in the Arksey and O'Malley (2005) scoping review framework [12]. This step is most commonly conducted in the search phase to inform keyword selection [125]. Based on another review conducted as part of our larger program of research, we compiled an extensive set of search terms to identify relevant studies and felt confident that omission of stakeholder consultation did not sacrifice the quality of our review. Secondly, due to the nature of the scoping review methodology, we did not appraise the quality of the methods or results of the studies included in this review. Limitations and methodological concerns about some of the articles included in this review have been reported previously [34, 57, 121]. Lastly, in order to ensure included articles were relevant to our context, we did not include publications focused on interventions set outside of the top 20 GDP OECD countries. This means that the findings from this article, including the particular downstream costs considered in the analyses, may not be applicable to low- and middle-income countries.

Conclusion

This scoping review can be used to inform future economic analyses of interventions targeting poorly served pregnant people and new parents. It consolidates a list of costs that researchers and health economists may wish to consider when conducting these types of analyses and identifies studies that look at a range of downstream and long-term costs. It is important to include all costs relevant to the underserved population in question in the evaluation. Policy and resource allocation decisions are often informed by evidence generated through economic evaluations to ensure the efficient allocation of available resources. Economic evaluations that are able to capture the downstream and long-term benefits of interventions targeting underserved populations may support the implementation of policy and funding decisions that will benefit underserved pregnant people and new parents, their children, and society in general and that will reduce health inequities.

Abbreviations

OVID Ovid Emcare, EMBASE

CINAHL Cumulative Index to Nursing and Allied Health Literature

CPNP The Canada Prenatal Nutrition Program

WIC Special Supplemental Nutrition Program for Women, Infants, and

Children

GDP Gross Domestic Product

OECD Organisation for Economic Co-operation and Development

HDI Human Development Index

Supplementary Information

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Supplementary Material 1

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Authors' contributions

The study was conceptualized by E.D. E.D., J-E.T., and A.J. contributed to the study design. A.J. and B.J. conducted the study selection and full text screening, and A.J. completed the data extraction. E.D. was consulted when consensus could not be reached. The findings were collated and summarized by A.J. The first draft of the manuscript was written by A.J. and E.D. All authors critically revised the manuscript. All authors read and approved the final manuscript.

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Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

Not Applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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